



**luminest**  
community development



# WAYNE GARDENS

November 2021

## Bob Hess Retirement

Many Wayne Gardens residents got to know the Mount Vernon maintenance mechanic, Bob Hess, over the years. Bob has worked at the properties for over 30 years and has now begun his well-earned retirement! Bob did not want any fuss made so there was not a party but Kathy and Lydia will collect and deliver cards if you would like to send him a congratulations card. You may drop cards off in any of our boxes or hand to us.



### What's Inside

Wayne Gardens Events

Birthdays

Resources

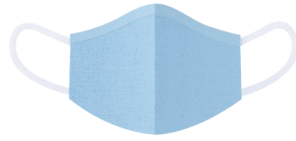
Reminders

Dates to Remember & Contact Info

Word Search



## Health Precautions



Waynesboro has seen an increase in covid transmission and hospital cases within the past month. Flu season also is around the bend. We do have a better understanding this year of steps we can take to help reduce the risk of transmission and we encourage residents to take these precautions.:

- **Masks are required again regardless of vaccine status when in the Wayne Garden's halls, community room, sitting areas and offices for both residents and visitors.**
- If you have symptoms of illness such as fever or a cough that is not allergies or think you were exposed to covid please stay home.
- Please encourage sick visitors to wait until they are better to visit.
- You may want to consider using physical distancing, avoiding crowds and wearing masks when around groups of people.
- **If you test positive for covid please make management aware.** This information will be kept confidential.
- Please be considerate of other's preferences. Balancing the benefits of social interaction versus the benefits of physical distancing may look different for each individual. At this point in time the community rooms and sitting areas are still open. **Please do not enter an elevator with residents not in your social pod** and please respect the 6 feet rule around other residents unless they indicate to you they are comfortable with closer contact.

# Wayne Gardens Events



## Fresh Express

Fresh Express is a food program that is offered through Central PA Food Bank in Harrisburg. This is an in person food selection event held at the Valley Terrace Community Center on usually the last Tuesday of the month. Residents bring bags and make food selections from items provided by the Central PA Foodbank. Usually there is a protein, milk, eggs, cheese, fresh produce and dry goods. October Fresh Express will be on **Tuesday November 30th**. You should have received your Fresh Express time at October's Fresh Express. If you would like to come to November's Fresh Express but did not attend in October you may come at 11:15.

We often have a few leftovers from Fresh Express. These we put in the Wayne Garden's Community room. They are for anyone to take who can use.

Senior boxes (CSFP & Eldershare) with additional shelf-stable items are also available for those who meet eligibility income levels (\$18,210 and below for 1 person, \$24,690 for 2 person household). You must enroll ahead of time for these programs and commit to picking up your box every month. If interested schedule a time with Lydia to enroll.

# Martha Swope Returns for Discussion on Depression/Loneliness



Holidays and the winter season often result in a mix of emotions. Franklin/Fulton county psychiatric nurse Martha Swope returns to **Wayne Gardens on Wednesday, December 15th at 1pm** to lead a discussion on depression and loneliness. The discussion will be held in the Wayne Gardens Community Room and should last approximately an hour. Come learn some information to help support yourself or friends/loved ones.



November BINGO will be held on **Wednesday, November 23rd from 1-2:30 pm**. We will play for a chance at the gift card/prize drawing or for a gift bag. We'll also have snacks. Face mask is required unless eating/drinking. Sign up sheets on the corkboard.

## Resident Council

Wayne gardens next Resident Council Meeting will be on **Thursday, November 18th at 2pm** in the Wayne Garden's Community room. Come on out. Masks are required. Sign up sheets are on the corkboard. Wayne Gardens recently began transitioning bathtubs to showers for those who requested them and that is in part because of feed-back we received at Resident Council. The Community Room bookshelf and puzzle were also added because of resident council input. Your voice matters!



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## Wayne Gardens Breakfast Gobble

Start the holiday week off right. Stop by the Wayne Gardens Community room the morning of **Monday, November 22nd around 9am** for a bagel, baked good or fruit and coffee/orange juice to start your day! Eat there or take it on-the-go!



## United Healthcare Craft at Wayne Gardens

United Healthcare will be out to do a craft with residents who want to attend and talk about their services at **11am in the Wayne Gardens Community Room on Tuesday, November 16th**. Please sign up on sheet on corkboards in advance.



Thank you to everyone who completed the Supportive Service Wayne Gardens Survey. The winner of the drawing was Anna Arnett! Annie won a \$25 gift card to a business of her choice.

Happy November Birthdays!



Happy Birthday to our November Birthdays!

Violet Kiser; 11/2

Pauline Messina, 11/3

Robert Martin; 11/7

Harriet Wilhide; 11/11

Teresa Smith; 11/14

Deborah Brand; 11/15

Don't Forget to Stop by the Bookshelf,  
More Books Added!



We've added more books to our Wayne Garden's Community Room! We now have a few audio books on cd as well! Thank you to those who donated books. No need to sign anything out, just please limit books borrowed to 3 at a time and remember to return. Want to donate a book in new or gently used condition? See Lydia.



A community puzzle is set up on the table by the door of the community room and slowly coming together. Feel free to add pieces.

Know a game you would like added to the community cupboard to play with friends? Let Lydia know and she will look for one!



Thank you to  
all veterans



## Annual Winter/Holiday Door Decorating Contest

**Join the Wayne Gardens Door Decorating Contest!** Decorate the door to your unit in something festive. It can be holiday themed if you celebrate or simply celebrate the season! The winner will receive a prize and have a photo of their door posted to our social media.

Doors will be judged Friday, December 17th.

**We are looking for creativity & originality.**

**Follow these rules for your chance to win:**

- 1. Do not include any items that may cause a fire hazard**
- 2. Decorations cannot block the doorway**
- 3. No adhesives are allowed on the door itself**
- 4. Painting or physically altering the door or unit is not allowed**





## Resources & Info

### Heating Assistance (LIHEAP) Enrollment Now Open

LIHEAP is a federally funded program administered by DHS that provides assistance for home heating bills, so low-income Pennsylvanians can stay warm and safe during the winter months. The LIHEAP application period has been extended for this season, and is open through May 6, 2022. Families will see an increase in the minimum LIHEAP cash grant from \$200 to a minimum grant of \$500, and an increase in the maximum cash grant from \$1,000 to a maximum of \$1,500.

LIHEAP is distributed directly to a household's utility company or home heating fuel provider in the form of a grant, so the individual or households do not have to repay assistance.

Maximum income levels to qualify are 19,320 for 1 person household, 26,130 for 2 people. There are two ways to apply for LIHEAP:

**Online:** Apply for benefits online using COMPASS, the online tool for Pennsylvanians to apply for health and human service programs and manage benefit information.

**On paper:** You can download a paper application, print it, fill it out, and return it to your local county assistance office which for Franklin County is:

Franklin County Assistance Office

620 Norland Avenue

Chambersburg, PA 17201

You SSC Lydia can provide you with an application and help you apply. Call her at 717-977-3900 ext 112 to schedule an appointment.

## Medicare Open Enrollment and Medicare Counseling

**Medicare open enrollment is October 15th-December 7th.** During this period each year Medicare beneficiaries can join, switch or drop their Medicare Part D or Medicare Advantage Coverage. Medicare Part D and Medicare Advantage plans change the coverage costs each year so it is important to review your plan and compare it to others on the market that are available to Franklin County residents.

There will be health counselors available during open Annual Open Enrollment Period to help you understand your options in comparing Part D and Medicare Advantage plans. This counseling program was previously known as AP-PRISE but is now renamed PE MEDI. **Scheduling for free Medicare counseling appointments is now open. To schedule call PA MEDI-Franklin County Area Agency on Aging at 717-263-2153 or email [pamedi@franklincountypa.org](mailto:pamedi@franklincountypa.org)**

## Emergency Rental & Utility Assistance



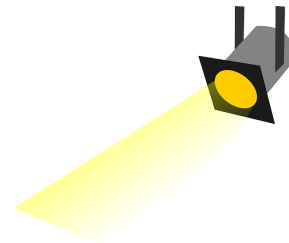
If you are behind on rent, utilities, or both there may currently be help. You may qualify if you:

- Had either increased expenses due to the pandemic or a loss of income. This can be indirect. Some examples of an increase in household expenses due to covid are: new or increased health care costs, at-home care for someone with covid, funeral expenses, purchase of personal protective equipment, food & medicine or transportation costs associated with covid. Some examples of a reduction in household income due to covid are sickness and inability to work, reduced hours and reduced wages.
- Are behind on either rent or utilities. You must currently owe rent or utilities and be considered late to receive assistance with them and future rent & utilities through the ERAP program

If you are deemed eligible for assistance the program will cover back rent/utilities and fees *and may also cover a few months of future rent and utilities.* If you are interested in applying call Lydia and make an appointment and she can assist you with applying. The program is expected to last until funds are exhausted or Sept. 20,2022.

## Summit Care Plan Became WellSpan Financial Assistance Plan and Requires New Application

If you formerly participated in the Summit Care Plan and have not yet done so you will need to reapply to remain eligible as the service switched to the Wellspan Financial Assistance program and requires a new application. Please note, after applying you will also no longer be mailed a card but instead be verified using an online system. For an application see Lydia. For assistance with your application or further questions call our Wellspan Health Worker, Brooke at extension 124.



### Resource Spotlight:

Waynesboro Community and Human Services

#### Holiday Help

Did you know that Waynesboro Community and Human Services hosts a Thanksgiving and Christmas Distribution Day for those in need? The Thanksgiving distribution day makes turkeys or roasting chickens available to prepare at home and the Christmas day includes a box of food to prepare a holiday meal and gifts. To sign up visit [wchs-pa.org](http://wchs-pa.org) or call 717-762-6941



# Reminders

**Security-** Wayne Gardens is a secure community. PLEASE do not open the door for anyone who you do not recognize as a resident, even if they say they know a resident or are there to see management. We realize this can feel impolite but it is a safety issue. Instead you can encourage visitors to use the call boxes to contact the person they are visiting. If you notice a door is not locking please call in a work order so it can be repaired. -Thank you

## Light Panel/Unit Pull Cords Reminder-

If you should fall and pull the emergency pull cord in your unit's bathroom that **DOES NOT** alert emergency services so they will still need to be called. If pulled the cord in the bathroom simply lights up a light on the panel on the first floor to indicate which unit you are in and hopefully attract someone's attention. There is not a sound associated with pulling the cord. If you accidentally pull the cord you can flip it to off so that the light on the panel turns back off.

If you notice a light on the panel is lit please alert somebody immediately. You can check on the resident by knocking on their door and then call 911 if you do not receive verification that they are okay or if you are uncomfortable with knocking/unable to knock on their door you can call 911 immediately. Please do not call it into the emergency work order line or leave a message for staff. Call 911.





### **Maintenance calls—**

When calling in a work order, please speak clearly/slowly and provide: name, address (development name), and issue. Maintenance will return your call—however, if your phone blocks unknown calls they will not be able to reach you. Please remove this feature when waiting for a return call.

Work Orders will be completed in the order they are received unless it is an emergency that needs completed in 24 hours.

### **Examples of emergencies are (but not limited to):**

Plumbing leaks which could flood the unit or cause damage; Electrical hazards; No heat; Clogged toilet or clogged tub, if on a weekend and have no second tub and/or toilet; and completely clogged kitchen sink.

*All other work orders will be handled as time permits. Changing light bulbs, etc. is not considered an emergency—no power or flooding is considered an emergency.*

#### **Dates to Remember**

**11/11-Veterans Day-Offices Closed**

**11/16-United Healthcare Craft**

**11/18– Resident Council**

**11/22– Breakfast Gobble**

**11/23– November BINGO**

**11/25 & 11/26– Offices Closed for Thanksgiving**

**11/30-Fresh Express**

**12/15-Martha Swope Depression Presentation**

**12/17-Door Decorating Contest Judging**

# November Wayne Gardens Staff Schedules

Lydia (Supportive Services) – Wayne Gardens: Tuesday & Thursday 9-4,  
ext:112.

Kathy (Management)– Wayne Gardens Monday & Thursday 9-3:30 & Friday  
9-1 ext:111

## Contact Information:



Call 717-977-3900

**Kathy Kalina** (Management) Ext:111 or email [kkalina@luminest.org](mailto:kkalina@luminest.org).

**Lydia Frech** (Supportive Services) Ext 112 or email at [lfrech@luminest.org](mailto:lfrech@luminest.org)

**Wellspan Community Health Worker**—Our community health worker Brooke can be reached at extension 124. Her office is in the Valley Terrace Community Center and she is generally there on Fridays from 12:30-4:30 but appointments are strongly recommended. Please note, Brooke has access to Wellspan health records and doctors will speak with her but she is **NOT a nurse**. Consider her a liaison to assist with communication with Wellspan or your health insurance.

**When mailing payments please use our office address:**

**Luminest**

**82 W. Queen Street**

**Chambersburg, PA 17201**

**717-977-3900**

**[www.luminest.org](http://www.luminest.org)**